

**SAN MATEO COUNCIL OF
PARENT PARTICIPATION NURSERY SCHOOLS
PRESENTS**

Need Help? Check out the Family Consultant Service

Are you worried that your lack of a will and estate plan may leave your family unprepared for unseen events? Are you finding that despite all of your co-op parenting skills you feel consistently challenged by the task of raising a “spirited” toddler? Do you suspect that your child may need speech therapy and testing? The Family Consultant Service is a referral service that offers experts who can help with the following issues:

- Individual and family counseling
- Health and Wellness
- Speech therapy
- Financial and estate planning
- Tutoring
- Occupational therapy
- Learning disabilities
- Educational difficulties

The Family Consultant Service

...A professional referral service sponsored by the
San Mateo Council of Parent Participation Nursery Schools.



San Mateo Council of Parent Participation
Nursery Schools, Inc.
SMCPPNS
PO Box 3211
Redwood City, CA 94064
www.ccppns.org

The Family Consultant Service is available to:

- Families currently enrolled in a participating San Mateo Council Nursery School or Preschool.
- The Director and Staffs of these schools.
- Alumni of these schools.

The San Mateo Council of Parent Participation Nursery Schools (SMCPPNS) is a non-profit organization comprised of cooperative Nursery Schools and preschools. The schools are organized by parents and operated under the guidance of qualified teachers.

How to Use the Service

Contact the consultant and inform him or her that you are a member or alumnus of the San Mateo Council of Parent Participation Nursery Schools. All consultants participating in this service offer their services at a reduced rate. Some consultants are offering their services at a 10-25% reduction on their normal rates. Some offer a discount on their initial evaluation. Some consultants use a sliding fee scale.

The consultants will explain their fee structure and applicable fee reductions. Some consultants have limited availability.

Additional fees may be charged for testing, reporting, documentation or other special services.

CONSULTANT DIRECTORY

(as of August 2010)

ATTORNEY

Laurence Dugoni (650) 292-2900
Barulich Dugoni Law Group, Inc. San Mateo
www.bdlawinc.com ; larry@bdlawinc.com.
Specializes in estate planning, wills and trusts, probate.

EDUCATIONAL PSYCHOLOGISTS

Susan Enochs, PhD (650) 619-7677
Educational Psychologist San Mateo
www.drenochs.com ; info@drenochs.com
Specializes in psychoeducational assessment of children including ADHD, Aspergers, autism, giftedness, learning disabilities, and anxiety/depression.

Juliet Taylor, MS (415) 665-2810
Educational Psychologist San Francisco
julietaylor@sbcglobal.net
Psychoeducational assessment of children between ages 3-18 in order to identify learning disabilities.

EDUCATIONAL CONSULTANTS

Aneea Toomajian, MA, PPS, LMFT (415) 235-2044
Educational Behavioral Consultant Redwood City
www.positiveperspectives.org ; positiveperspectives@gmail.com
Specializes in family and child therapy, as well as educational advocacy for children and families with learning or behavioral difficulties.

Susan Lehman, CPDA (650) 521-4359
susposdis@yahoo.com Redwood City
Provides education and consultation to families interested in Positive Discipline, an approach that emphasizes parenting strategies that are kind and firm without being punitive or permissive.

EDUCATIONAL CONSULTANTS continued.

Julie Lieberman Neale, MA (415) 377-7521
Professional Coach and Consultant San Mateo
JLN Coaching and Consulting
julie@jlncoaching.com
Coaches and consults parents of children with autism. Provides parents resources and information, facilitation to develop a plan after diagnosis, and strategies to prioritize and sustain themselves through the process of championing their child.

FINANCIAL SERVICES

Curtis S. Chen, CFP, CFS (650) 591-0777
FSC Securities Corporation Belmont
www.curtischen.com ; cchen@fscadvisor.com
Securities and investment advisory services.

Jesse M. Sweet (650) 349-2274 ext. 110
Financial Advisor San Mateo
Waddell & Reed Inc.
jsweet@wradvisors.com
Specializing in the various strategies parents can use to fund their children's education, from the lowest levels up through college.

Brian C. Wong, CFP, ChFC (650) 349-2274 ext 120
Financial Advisor San Mateo
Waddell & Reed Inc.
www.bwong.wrfa.com ; bwong@wradvisors.com
Committed to assisting families and small business owners with their financial planning and wealth management needs. Areas of expertise include education funding, investment planning, assisting parents of special needs children, retirement planning, living trusts and wills.

SPEECH, LANGUAGE, LEARNING AND OTHER DEVELOPMENTAL NEEDS, continued.

Melisa Kaye, OTR/L (415) 533-0324
San Mateo
www.fireflycenter.com;
melisa@fireflycenter.com
Occupational therapy for children including fine, gross and perceptual motor skills, development; sensory processing, and social skills, and school readiness.

Judy McCrary Koeppen, MS, CCC- SLP
Speech Language Pathologist (650) 576-4271
Sage Therapy Redwood City
sageslp@gmail.com
Specializes in early intervention and serves as a Regional Center Vendor for the "Zero to Three" early intervention services program. Focus on play-based therapy, functional goals, and family education and involvement.

OT 4 Kids (650) 592-1112
Belmont
www.ot-4kids.com
pvolpeot@comcast.net
Occupational therapy for children (ages 3-10), motor development (coordination and balance), gross and fine motor issues, sensory regulation issues such as over- stimulated or withdrawing, screenings.

TUTORING, TESTING, AND ADVOCACY

Jennifer Kaufman, M.Ed (650) 454-7743
San Carlos
jktutoring@yahoo.com
Provides educational tutoring, assessment, and consultation services for children K-8 who need academic support for various reasons.

Natalie Sanchez, MA, CET (650) 868-4079
Menlo Park
sanchezservices@gmail.com
Specializes in students with learning differences and ADHD. Services include psycho-educational and academic assessments as well as prescribing learning strategies and tutoring services for all subjects PreK-12th grade.

HEALTH AND WELLNESS

Cynthia Sholes, PhD, MdH (650) 704-1252
Certified Medical Hypnotherapist Redwood City
www.mindwaveinstitute.com ; drsholes@mindwaveinstitute.com
Medical hypnotherapist, childbirth preparation, optimizing health and vitality.

Kandice Stellmon
Certified Nutrition Consultant (650) 595-5437
and Natural Chef Belmont
Whole Child Wellness
info@wholechildwellness.com
Areas of focus include food allergies and sensitivities, developmental disorders, weight management and well child nutrition. Offers both individual appointments and classes on various food sensitivities and restrictions, detoxification and weight management programs.

MARRIAGE AND FAMILY THERAPY

Krysta Banazek, MFT (650) 576-6764
San Mateo
Licensed Marriage and Family Therapist
www.hooray4mworkshop.com ; krystabanazekmft@sbcglobal.net
Therapy for children, adults and families. Specialties include: play-based therapy, parenting challenges, balancing work and family, life transitions.

Jacki Silber (650) 363-0383
Redwood City
Licensed Marriage and Family Therapist
www.postpartumdepressionhelp.net ; jackisilber@gmail.com
Specializing in couples losing a child during pregnancy. Provides practical assistance with parenting and life after having children.

Transitions (650) 595-8700
San Carlos
Marriage and Family Therapists and Licensed Clinical Social Workers
A group specializing in working with children, adults, and families.

PSYCHIATRISTS

Jason Takeuchi, M.D. (650) 348-4900
Child, Adolescent and Adult Psychiatry San Mateo
www.childthink.com
Specializes in cognitive behavioral therapy, ADD, mood disorders, autism, and parenting issues.

PSYCHOLOGISTS

Lorita Bank, Ph.D (650) 212-2265
San Mateo
Specializing in young children, adolescents, individuals, couples and families.

Carole Derry, Ph. D (415) 822-7860
San Francisco
Specializes in cross-cultural issues, physical and emotional abilities, families with transition or crisis, as well as children and adolescents.

Keely Sikes Rollings, Psy. D., M.B.A (650) 270-9388
drkrollings@coomcast.net Half Moon Bay and Los Altos
Works with individuals dealing with depression, anxiety and AD(H)D. Specializes in working with parents on discipline strategies, sibling rivalry, and healthy parent/child relationships.

Mindy Szelap, LCSW. (650) 223-3313
mszelap@gmail.com
Provides compassionate psychotherapy services for adolescents and adults. Areas of expertise and interest include chronic and serious illness, grief, loss and fertility issues.

PSYCHOTHERAPISTS

Susan Hamlin, MFT (650) 371-5199
Licensed Marriage and Family Therapist San Mateo
Works with families, teens, couples and young children. Specializes in grief counseling for young families.

Erin Pensinger, MA, MFT (650) 281-9894
Licensed Marriage and Family Therapist San Mateo
Works with individuals, children and families focusing on issues such as stress, depression, anxiety, life transitions, grief/loss, and relationships.

Kirsten Smith (650) 483-1914
Licensed Clinical Social Worker San Carlos
Works with children, families, couples and individuals with a focus on indentifying personal road blocks and forming new paths in a direction of healing.

SPEECH, LANGUAGE, LEARNING AND OTHER DEVELOPMENTAL NEEDS

Associated Learning & Language Specialists (650) 631-9999
www.allsync.com Redwood City
Speech and language pathology, occupational therapy, physical therapy, tutoring, behavioral/developmental services, screenings.

Alexia Dorsa, MS, CCC-SLP (650) 344-9961
TALK – Teaching and Assessing Burlingame
Language for Kids
www.talkpeninsula.com
Pediatric speech and language therapy practice that offers assessments and programs for speech, voice, language, fluency, social and development delays and disorders.

